

news letter.

AT VITALITY
HEALTH & GLOW
CLINIC, WE
BELIEVE
WELLNESS IS A
CELEBRATION—
AND MAY IS FULL
OF REASONS TO
CELEBRATE YOU!

THIS MONTH MARKS TWO MAJOR NATIONAL HEALTH OBSERVANCES:

National Women's Health Week (May 12–18)

A time to prioritize your well-being, from preventive screenings to hormone balance, skin health, and stress management. We offer personalized wellness solutions for women at every stage of life.

National Physical Fitness and Sports Month

Movement is medicine! Whether you're a gym lover, weekend hiker, or just getting started, our team supports your journey to a stronger, more energized YOU.

JOIN US AT THE 2ND ANNUAL MABLETON DAY FESTIVAL!

Vitality Health & Glow is thrilled to be part of the **Mableton Day Festival**—and we want to see YOU there!

 **Saturday, May 31, 2025**

 **Mableton Town Square**
5220 Church Street SW, Mableton, GA
30126

HOW WE HELP YOU GLOW FROM THE INSIDE OUT

From IV hydration therapy and hormone balance programs to medical weight loss, aesthetic services, and personalized wellness plans, we're here to elevate your health and confidence.


✨ Your body is talking—are you listening? Let us help you feel vibrant, strong, and radiant every day.

[Read More on our website](#)

www.vitalityhealthandglow.com

Contact Us:

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